

SUNDAY / DOMINGO

- 3:15PM Two & Over**, Christian Parish House, Basement Side Ent, @W 122nd St, 2044 Adam Clayton Powell Jr. Blvd., New York, NY, 10027 (C,RF,St,WC,WEB,HY)
<https://zoom.us/j/5415095609>
 PW 101098
- 3:30PM Sunday Afternoon Recovery**, Taino Towers, Btw. 122nd & 123rd St., 2nd Floor Entrance on the Right Side, 2253 3rd Avenue, NYC, NY, 10035 (O)
- 5:00PM Still a Miracle**, Currently online only -- normally at Private Building, New York, NY, 10025 (C,RF,WC,WEB,TC,VM)
<https://zoom.us/j/8761124474>
 PW 509089
- 6:30PM Harlem Virtual Step Study Night Time** (O,SG,So,BK,VM)
<https://zoom.us/j/83042677695>
 PW 460934
- 7:00PM Zoom In On Recovery**, NY, 10029 (GL,JT,O,BK,WEB,VM)
<https://zoom.us/j/75907342333>
 PW nazoommtg (LGBTQIA+)
- 8:30PM The New Step Working Guide Workshop**, Virtual, NY, 10035 (RF,WEB,VM)
<https://zoom.us/j/2695365770>
- 11:00PM No More Excuses**, Virtual Meeting, NY, 10029 (O,RF,WEB,VM)
<https://zoom.us/j/79533858850>
 PW 990072

MONDAY / LUNES

- 9:30AM Let There Be Life**, 10030 (O,St,Tr,WEB,VM)
<https://zoom.us/j/81080972645>
 PW 322219
- NOON Harlem Virtual Step Study** (O,SG,So,BK,VM)
<https://zoom.us/j/82050408160>
 PW 411474
- 3:00PM Manhattan 3 O'Clock Group**, Saint Francis of Assisi Church - Adult Education Center, 1st Floor Room 1B, Btw 6th & 7th Aves. Entrance to left of Church, 139 West 31st Street, New York, NY, 10001 (B,O,RF)
- 4:00PM Life at 99**, St Michael's Parish House, Btw 6th & Amsterdam Ave, 225 W 99th St, New York, NY, 10025 (CH,O,RF)

Closed on Monday Holidays
- 6:00PM Recovery on the Hill**, Upper Manhattan Mental Health Ctr, Rm 153, Btw 145th & 146th Sts, 1727 Amsterdam Ave, New York, NY, 10031 (CH,O,To,WC)
- 6:30PM Circle of Miracles**, Currently online only -- normally at Pillars, New York, NY, 10027 (C,NC,RF,St,TC,VM)
<https://zoom.us/j/83049846301>
 No password
- 6:30PM Harlem Virtual Step Study Night Time** (O,SG,So,BK,VM)
<https://zoom.us/j/83042677695>
 PW 460934
- 6:30PM Just For Today of NA**, Virtual, NY, 10025 (O,RF,WEB,VM)
<https://zoom.us/j/569274888>
 PW 085592
- 6:30PM Recovery Across The Park**, Henry Brooks Senior Housing, @ Fredrick Douglas Blvd., 304 West 154th Street, New York, NY, 10039 (O)
- 7:00PM Zoom In On Recovery**, NY, 10029 (GL,JT,O,BK,WEB,VM)
<https://zoom.us/j/75907342333>
 PW nazoommtg (LGBTQIA+)
- 11:00PM No More Excuses**, Virtual Meeting, NY, 10029 (O,RF,WEB,VM)
<https://zoom.us/j/79533858850>
 PW 990072

TUESDAY / MARTES

- 9:30AM Let There Be Life**, 10030 (IP,O,BK,WEB,VM)
<https://zoom.us/j/81080972645>
 PW 322219

NOON Harlem Virtual Step Study (O,SG,So,BK,VM)

<https://zoom.us/j/82050408160>
 PW 411474

- 4:00PM Never Too Young**, Pillars, Press - Dial 016 {at the door next to Checkers}, 289 Saint Nicholas Avenue, NYC, NY, 10027 (O,RF,YP,AB)

Rotating format: Step, 90 day panel, spiritual topic, anniversary and IP.

- 6:00PM Recovery on the Hudson**, Salem United Methodist Church, 2190 Adam Clayton Powell Blvd., 10027 (B,O,WC)

- 6:00PM The Best Kept Secret**, Canaan Baptist Church, Between St. Nicholas Ave. & Malcolm X Blvd (Lenox Ave.), 129 West 115th Street, New York, NY, 10026 (B,BT,D,IW,JT,O,RF,SG,St,Tr,BK,CP,LC)

- 6:00PM Tuesday Night Hope**, Mount Nebo church Basement (Ring bell to gain entry to building), @114th Street, 77 St. Nicholas Ave at 114th Street, New York, NY, 10026 (BT,C,JT,RF,LC,WEB,HY)
<https://zoom.us/j/4517538944>
 PW TNH114

- 6:30PM Harlem Virtual Step Study Night Time** (O,SG,So,BK,VM)
<https://zoom.us/j/83042677695>
 PW 460934

- 6:30PM Recovery in the Castle**, Castle Gardens, Between Bdwy and Rkverside Drive 11th Floor community room, 625 West 140th Street, New York, NY, 10031 (B,D,Pi,Rr)

- 7:00PM Recovery by the River**, Currently online only -- normally at Riverside Church, New York, NY, 10027 (C,RF,WC,WEB,TC,VM)
<https://us02web.zoom.us/j/88029227226?pwd=VjlvMHVONHlPQ0I2RDViMTBRzXNzUz09>
 PW: 203590

- 7:00PM Zoom In On Recovery**, NY, 10029 (GL,JT,O,BK,WEB,VM)
<https://zoom.us/j/75907342333>
 PW nazoommtg (LGBTQIA+)

- 11:00PM No More Excuses**, Virtual Meeting, NY, 10029 (O,RF,WEB,VM)
<https://zoom.us/j/79533858850>
 PW 990072

WEDNESDAY / MIÉRCOLES

- 9:30AM Let There Be Life**, 10030 (O,To,WEB,VM)
<https://zoom.us/j/81080972645>
 PW 322219

- NOON Harlem Virtual Step Study** (O,SG,So,BK,VM)
<https://zoom.us/j/82050408160>
 PW 411474

- 3:00PM Harlem's House of Hope**, Harlem United building Ground Floor, Btw 7th & Lenox Aves, 123-125 W 124th St, New York, NY, 10027 (O,RF,WC)

- 3:00PM Manhattan 3 O'Clock Group**, Saint Francis of Assisi Church - Adult Education Center, 1st Floor Room 1B, Btw 6th & 7th Aves. Entrance to left of Church, 139 West 31st Street, New York, NY, 10001 (B,O,RF)

- 5:30PM An Ounce of Hope**, Dyckman Senior Center, @ 210th Street, 3753 10th Avenue, New York, NY, 10032 (O,RF,WC)

- 6:30PM Harlem Virtual Step Study Night Time** (O,SG,So,BK,VM)
<https://zoom.us/j/83042677695>
 PW 460934

- 6:30PM Uptown Men's Meeting**, Union Settlement Center, Between 2nd & 3rd Avenues, 237 East 104th Street, New York, NY, 10029 (C,M,RF,WC)

- 7:00PM Men Supporting Men**, Currently online only -- normally at St. Mary's Episcopal Church, New York, NY, 10027 (C,M,RF,WEB,TC,VM)
<https://zoom.us/j/6706519364>
 PW 456894

- 7:00PM New Attitudes**, Christian Parish House, Basement Side Ent, @W 122nd St, 2044 Adam Clayton Powell Jr. Blvd., New York, NY, 10027 (O,St,WC)

7:00PM Zoom In On Recovery, NY, 10029 (GL,JT,O,BK,WEB,VM)

<https://zoom.us/j/75907342333>
 PW nazoommtg (LGBTQIA+)

- 8:00PM The Ultimate Weapon Group of NA**, NY, 10030 (O,St,WEB,VM)
<https://zoom.us/j/2695365770>
 PW 822764

- 11:00PM No More Excuses**, Virtual Meeting, NY, 10029 (O,RF,AB,WEB,VM)
<https://zoom.us/j/79533858850>
 PW 990072

THURSDAY / JUEVES

- 9:30AM Let There Be Life**, 10030 (O,Pi,WEB,VM)
<https://zoom.us/j/81080972645>
 PW 322219

- NOON Harlem Virtual Step Study** (O,SG,So,BK,VM)
<https://zoom.us/j/82050408160>
 PW 411474

- 5:30PM Aging In Recovery**, Currently online only -- normally at Rosa Parks Building, New York, NY, 10026 (RF,SD,To,WEB,TC,VM)
<https://zoom.us/j/4792574456>
 PW 000000

- 6:30PM Harlem Virtual Step Study Night Time** (O,SG,So,BK,VM)
<https://zoom.us/j/83042677695>
 PW 460934

- 6:30PM The Convent Avenue Group** (O,RF,WEB,VM)
<https://zoom.us/j/134150362>

- 6:30PM Uptown Men's Meeting**, NYC, NY (M,O,WEB,VM)
<https://zoom.us/j/156339546>
 PW 021986

- 7:00PM Convent Group**, St Mary's Episcopal Church, Basement, Btw Broadway & Amsterdam Ave, 521 W 126th St, New York, NY, 10027 (O,RF)

- 7:00PM Washington Heights Group**, St Elizabeth's Church, @187th St, 268 Wadsworth Ave, New York, NY, 10033 (B,IP,JT,O,St)
<https://zoom.us/j/86092523182>
Anniversaries are celebrated via Hybrid Meeting on the 3rd Thursday of the month. 860 925 23182 PW 056228

- 7:00PM Zoom In On Recovery**, NY, 10029 (GL,JT,O,BK,WEB,VM)
<https://zoom.us/j/75907342333>
 PW nazoommtg (LGBTQIA+)

- 7:15PM It Starts Here**, Btw Amsterdam and Columbus Ave., 143 West 108th Street, New York, NY, 10025 (O,RF,WC)

No smoking in front of the building.

- 11:00PM No More Excuses**, Virtual Meeting Manhattan Area, NY, 10029 (O,RF,WEB,VM)
<https://zoom.us/j/79533858850>
 PW 990072

FRIDAY / VIERNES

- 9:30AM Let There Be Life**, 10030 (B,O,WEB,VM)
<https://zoom.us/j/81080972645>
 PW 322219

- NOON Harlem Virtual Step Study** (O,SG,So,BK,VM)
<https://zoom.us/j/82050408160>
 PW 411474

- 3:00PM Manhattan 3 O'Clock Group**, Saint Francis Assisi Church - Adult Education Center, 1st Floor Room 1B, Btw 6th & 7th Aves. Entrance to left of Church., 139 West 31st Street, New York, NY, 10001 (B,O,RF)

- 6:00PM Another Look**, Currently online only -- normally at Southern Baptist Church, New York, NY, 10025 (RF,WEB,TC,VM)
<https://zoom.us/j/727971879>
 Access code: 738382

- 6:00PM Uptown Friday Night**, Church of the Good Shepherd, 630 Isham Street, New York, NY, 10034 (B,O,St)



MANHATTAN AREA SERVICE

MEETING LIST

MARCH 2024

24 HOUR HELPLINE

212-929-NANA (6262)

Manhattan Area
manhattan-na.org



SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS