

SUNDAY / DOMINGO

10:00AM	Sunday Morning Wake-Up , NY, 10029 (O,RF,WEB,VM) https://zoom.us/j/82782799958 <i>PW 248425</i>
1:00PM	Clean & Serene , NY (C,D,W)
3:15PM	Two & Over , Christian Parish House, Basement Side Ent, @W 122nd St, 2044 Adam Clayton Powell Jr. Blvd., New York, NY, 10027 (C,RF,St,WC,WEB,HY) HTTPS://Zoom.us/j/5415095609 <i>PW 101098</i>
3:30PM	Sunday Afternoon Recovery , Taino Towers, Btw. 122nd & 123rd St., 2nd Floor Entrance on the Right Side, 2253 3rd Avenue, NYC, NY, 10035 (O)
5:00PM	Still a Miracle , Currently online only -- normally at Private Building, New York, NY, 10025 (C,RF,WC,WEB,TC,VM) https://zoom.us/j/8761124474 <i>PW 509089</i>
6:30PM	Harlem Virtual Step Study Night Time (O,SG,So,BK,VM) https://zoom.us/j/83042677695 <i>PW 460934</i>
7:00PM	Clean & Serene , NY (VM)
7:00PM	We Have A Dream , St Mary's Episcopal Church, Basement, Btwn Broadway & Amsterdam Ave, 521 W 126th St, New York, NY, 10027 (O,Pi)
7:00PM	Zoom In On Recovery , NY, 10029 (GL,JT,O,BK,WEB,VM) https://zoom.us/j/75907342333 <i>PW nazoommtg (LGBTQIA+)</i>
8:30PM	The New Step Working Guide Workshop , Virtual, NY, 10035 (RF,WEB,VM) https://zoom.us/j/2695365770
11:00PM	No More Excuses , Virtual Meeting, NY, 10029 (O,RF,WEB,VM) https://zoom.us/j/79533858850 <i>PW 990072</i>

MONDAY / LUNES

9:30AM	Let There Be Life , 10030 (O,St,Tr,WEB,VM) https://zoom.us/j/81080972645 <i>PW 322219</i>
NOON	Harlem Virtual Step Study (O,SG,So,BK,VM) https://zoom.us/j/82050408160 <i>PW 411474</i>
3:00PM	Manhattan 3 O'Clock Group , Saint Francis of Assisi Church - Adult Education Center, 1st Floor Room 1B, Btwn 6th & 7th Aves. Entrance to left of Church, 139 West 31st Street, New York, NY, 10001 (B,O,RF)
4:00PM	Life at 99 , St Michael's Parish House, Btwn Bway & Amsterdam Ave, 225 W 99th St, New York, NY, 10025 (CH,O,RF)

Closed on Monday Legal Holidays - 70 Seat Capacity

6:00PM	Recovery on the Hill , Upper Manhattan Mental Health Ctr, Rm 153, Btwn 145th & 146th Sts, 1727 Amsterdam Ave, New York, NY, 10031 (CH,O,To,WC)
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------------

Closed on Monday Legal Holidays

6:30PM	Circle of Miracles , Currently online only -- normally at Pillars, New York, NY, 10027 (C,NC,RF,St,TC,VM) https://zoom.us/j/83049846301 <i>No password</i>
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Harlem Virtual Step Study Night Time (O,SG,So,BK,VM) https://zoom.us/j/83042677695 <i>PW 460934</i>
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Just For Today of NA , Virtual, NY, 10025 (O,RF,WEB,VM) https://zoom.us/j/569274888 <i>PW 085592</i>
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Recovery Across The Park , Henry Brooks Senior Housing, @ Fredrick Douglas Blvd., 304 West 154th Street, New York, NY, 10039 (O)
---------------	-----------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Clean & Serene , NY (VM)
---------------	-------------------------------------

7:00PM	Zoom In On Recovery , NY, 10029 (GL,JT,O,BK,WEB,VM) https://zoom.us/j/75907342333 <i>PW nazoommtg (LGBTQIA+)</i>
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------

11:00PM	No More Excuses , Virtual Meeting, NY, 10029 (O,RF,WEB,VM) https://zoom.us/j/79533858850 <i>PW 990072</i>
----------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------

TUESDAY / MARTES

9:30AM	Let There Be Life , 10030 (IP,O,BK,WEB,VM) https://zoom.us/j/81080972645 <i>PW 322219</i>
---------------	----------------------------------------------------------------------------------------------------------------------------------------------------

NOON	Harlem Virtual Step Study (O,SG,So,BK,VM) https://zoom.us/j/82050408160 <i>PW 411474</i>
-------------	---------------------------------------------------------------------------------------------------------------------------------------------------

4:00PM	Never Too Young , Pillars, Press - Dial 016 {at the door next to Checkers}, 289 Saint Nicholas Avenue, NYC, NY, 10027 (O,RF,YP,AB)
---------------	-------------------------------------------------------------------------------------------------------------------------------------------

Rotating format: Step, 90 day panel, spiritual topic, anniversary and IP.

6:00PM	Recovery on the Hudson , Salem United Methodist Church, 2190 Adam Clayton Powell Blvd., 10027 (B,O,WC)
---------------	---------------------------------------------------------------------------------------------------------------

6:00PM	The Best Kept Secret , Canaan Baptist Church, Between St. Nicholas Ave. & Malcolm X Blvd (Lenox Ave.), 129 West 115th Street, New York, NY, 10026 (B,BT,D,IW,JT,O,RF,SG,St,Tr,BK,CP,LC)
---------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

6:00PM	Tuesday Night Hope , Mount Nebo church Basement (Ring bell to gain entry to building), @114th Street, 77 St. Nicholas Ave at 114th Street, New York, NY, 10026 (BT,C,JT,RF,LC,WEB,HY) https://zoom.us/j/4517538944 <i>PW TNH114</i>
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Harlem Virtual Step Study Night Time (O,SG,So,BK,VM) https://zoom.us/j/83042677695 <i>PW 460934</i>
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Recovery in the Castle , Castle Gardens, Between Bdwy and Rkverside Drive 11th Floor community room, 625 West 140th Street, New York, NY, 10031 (B,D,Pi,Rr)
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Clean & Serene , NY (VM)
---------------	-------------------------------------

7:00PM	Recovery by the River , Currently online only -- normally at Riverside Church, New York, NY, 10027 (C,RF,WC,WEB,TC,VM) https://us02web.zoom.us/j/88029227226?pwd=VjlvMHVONHhPQ0I2RDVMTBRzXNUZz09 <i>PW: 203590</i>
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Zoom In On Recovery , NY, 10029 (GL,JT,O,BK,WEB,VM) https://zoom.us/j/75907342333 <i>PW nazoommtg (LGBTQIA+)</i>
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------

11:00PM	No More Excuses , Virtual Meeting, NY, 10029 (O,RF,WEB,VM) https://zoom.us/j/79533858850 <i>PW 990072</i>
----------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------

WEDNESDAY / MIÉRCOLES

9:30AM	Let There Be Life , 10030 (O,To,WEB,VM) https://zoom.us/j/81080972645 <i>PW 322219</i>
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------

NOON	Harlem Virtual Step Study (O,SG,So,BK,VM) https://zoom.us/j/82050408160 <i>PW 411474</i>
-------------	---------------------------------------------------------------------------------------------------------------------------------------------------

3:00PM	Harlem's House of Hope , Harlem United building Ground Floor, Btwn 7th & Lenox Aves, 123-125 W 124th St, New York, NY, 10027 (O,RF,WC)
---------------	-----------------------------------------------------------------------------------------------------------------------------------------------

3:00PM	Manhattan 3 O'Clock Group , Saint Francis of Assisi Church - Adult Education Center,1st Floor Room 1B, Btwn 6th & 7th Aves. Entrance to left of Church, 139 West 31st Street, New York, NY, 10001 (B,O,RF)
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

5:30PM	An Ounce of Hope , Dyckman Senior Center, @ 202th Street & Academy Street, 3754 10th Avenue, New York, NY, 10034 (B,IP,O,RF,St,WC)
---------------	-------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Harlem Virtual Step Study Night Time (O,SG,So,BK,VM) https://zoom.us/j/83042677695 <i>PW 460934</i>
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Uptown Men's Meeting , Union Settlement Center, Between 2nd & 3rd Avenues, 237 East 104th Street, New York, NY, 10029 (C,M,RF,WC)
---------------	------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Clean & Serene , NY (VM)
---------------	-------------------------------------

7:00PM	Men Supporting Men , Currently online only -- normally at St. Mary's Episcopal Church, New York, NY, 10027 (C,M,RF,WEB,TC,VM) https://zoom.us/j/6706519364 <i>PW 456894</i>
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	New Attitudes , Christian Parish House, Basement Side Ent, @W 122nd St, 2044 Adam Clayton Powell Jr. Blvd., New York, NY, 10027 (O,St,WC)
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Zoom In On Recovery , NY, 10029 (GL,JT,O,BK,WEB,VM) https://zoom.us/j/75907342333 <i>PW nazoommtg (LGBTQIA+)</i>
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------

8:00PM	The Ultimate Weapon Group of NA , NY, 10030 (O,St,WEB,VM) https://zoom.us/j/2695365770 <i>PW 822764</i>
---------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------

11:00PM	No More Excuses , Virtual Meeting, NY, 10029 (O,RF,AB,WEB,VM) https://zoom.us/j/79533858850 <i>PW 990072</i>
----------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------

THURSDAY / JUEVES

9:30AM	Let There Be Life , 10030 (O,Pi,WEB,VM) https://zoom.us/j/81080972645 <i>PW 322219</i>
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------

NOON	Harlem Virtual Step Study (O,SG,So,BK,VM) https://zoom.us/j/82050408160 <i>PW 411474</i>
-------------	---------------------------------------------------------------------------------------------------------------------------------------------------

5:30PM	Aging In Recovery , Currently online only -- normally at Rosa Parks Building, New York, NY, 10026 (RF,SD,To,WEB,TC,VM) https://zoom.us/j/83140121150 <i>PW 050181</i>
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	Harlem Virtual Step Study Night Time (O,SG,So,BK,VM) https://zoom.us/j/83042677695 <i>PW 460934</i>
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------

6:30PM	It Starts Here , Btwn Amsterdam and Columbus Ave., 143 West 108th Street, New York, NY, 10025 (O,RF,WC)
---------------	----------------------------------------------------------------------------------------------------------------

No smoking in front of the building.

6:30PM	The Convent Avenue Group (O,RF,WEB,VM) https://zoom.us/j/134150362
---------------	------------------------------------------------------------------------------------------------------------------------

6:30PM	Uptown Men's Meeting , NYC, NY (M,O,WEB,VM) https://zoom.us/j/156339546 <i>PW 021986</i>
---------------	-------------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Clean & Serene , NY (VM)
---------------	-------------------------------------

7:00PM	Convent Group , St Mary's Episcopal Church, Basement, Btwn Broadway & Amsterdam Ave, 521 W 126th St, New York, NY, 10027 (O,RF)
---------------	----------------------------------------------------------------------------------------------------------------------------------------

7:00PM	The Washington Heights Group *Open only on the 3rd Thursday of the month , St Elizabeth's Church, @187th St, 268 Wadsworth Ave, New York, NY, 10033 (B,IP,JT,O,St)
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Open only on the 3rd Thursday of the month. Anniversaries celebrated Hybrid.

7:00PM	The Washington Heights Group Virtual , Manhattan, NY (B,IP,JT,St,WEB,VM) https://us06web.zoom.us/j/84953994355?pwd=pbBltpPKFkrAxFHMr5t6WsfzbbF08u1 <i>This meeting celebrates hybrid on the 3rd Thursday of the month at St Elizabeth's Church 268 Wadsworth Ave, New York, NY, 10033 Manhattan @187th St</i>
---------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

7:00PM	Zoom In On Recovery , NY, 10029 (GL,JT,O,BK,WEB,VM) https://zoom.us/j/75907342333 <i>PW nazoommtg (LGBTQIA+)</i>
---------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------

11:00PM	No More Excuses , Virtual Meeting Manhattan Area, NY, 10029 (O,RF,WEB,VM) https://zoom.us/j/79533858850 <i>PW 990072</i>
----------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

FRIDAY / VIERNES

- 9:30AM Let There Be Life**, 10030 (B,O,WEB,VM)
https://zoom.us/j/81080972645
PW 322219
- NOON Harlem Virtual Step Study** (O,SG,So,BK,VM)
https://zoom.us/j/82050408160
PW 411474
- 3:00PM Manhattan 3 O'Clock Group**, Saint Francis Assisi Church - Adult Education Center,1st Floor Room 1B, Btwn 6th & 7th Aves. Entrance to left of Church., 139 West 31st Street, New York, NY, 10001 (B,O,RF)
- 6:00PM Another Look**, Currently online only -- normally at Southern Baptist Church, New York, NY, 10025 (RF,WEB,TC,VM)
https://zoom.us/j/727971879
Access code: 738382
- 6:00PM Uptown Friday Night**, Church of the Good Shepherd, 630 Isham Street, New York, NY, 10034 (B,O,St)
- 6:15PM Belly of the Beast**, First Spanish United Methodist Church, East 111th Street, Lexington Avenue, New York, NY, 10029 (O,RF,WC,WEB,HY)
https://zoom.us/j/571960170
PW 558908
- 6:30PM A Greater Consciousness**, Peter J. Sharp Building, Ground floor community room, 223 East 117th Street, New York, NY, 10035 (BT,C,Rr,BK)
- No speaker. We read a chapter from the Basic Text and share.*
- 6:30PM Harlem Virtual Step Study Night Time** (O,SG,So,BK,VM)
https://zoom.us/j/83042677695
PW 460934
- 7:00PM Clean & Serene**, NY,
- 7:00PM Remember the Pain (Children under 18 not permitted)**, Ready,Willing and Able Facility, 2960 Frederick Douglas Boulevard, New York, NY, 10039 (NC,O,RF)
- 7:00PM Zoom In On Recovery**, NY, 10029 (GL,JT,O,BK,WEB,VM)
https://zoom.us/j/75907342333
PW nazoommtg (LGBTQIA+)
- 11:00PM No More Excuses**, Virtual Meeting, NY, 10029 (O,RF,WEB,VM)
https://zoom.us/j/79533858850
PW 990072

SATURDAY / SÁBADO

- 9:30AM Early Morning Serenity**, Church of Ressurrection, Between 1st and 2nd Ave., 325 East 101st Street, New York, NY, 10029 (B,O,RF)
- 10:00AM Recovering in Washington Heights**, Holyrood Church, 715 West 179th Street, New York, NY, 10033 (C,Rr,WEB,HY)
https://zoom.us/j/419691646
No Password Needed
- 12:30PM Women Carrying the Message**, WSFSSH Building, Between Columbus and Amsterdam Avenue, 143-145 West 108th Street, NY, 10025 (B,IP,RF,W,SPAD)
- 3:00PM Recovery on Madison**, @ 108th St.-Community Center, 1589 Madison Ave, New York, NY, 10029 (C,CH,BK,LC)
- Mtg Closed Holidays and during public school breaks.*
- 5:00PM Life Begins Again**, Church of the Resurrection, Between 1st & 2nd Avenue, 325 East 101st Street, New York, NY, 10029 (B,D,O,WC)
- 6:00PM Serenity on Saturday (SOS)**, The LGBT Center, 208 West 13th Street room 207, New York, NY, 10011 (C,GL,NC,RF,NS,WEB,HY)
https://zoom/j/86939020145
PW nazoommtg
- 6:30PM It Can Be Done (Children under 18 not permitted)**, Ready, Willing & Able - Harlem, @156th St, 2960 Frederick Douglass Blvd, New York, NY, 10039 (B,C,NC,RF)
- 7:00PM Clean & Serene**, NY (VM)

- 7:00PM Zoom In On Recovery**, NY, 10029 (GL,JT,O,BK,WEB,VM)
https://zoom.us/j/75907342333
PW nazoommtg (LGBTQIA+)
- 9:00PM Hell's Kitchen**, Trinity Presbyterian Church, Btwn 9th & 10th Aves, 422 W 57th St, New York, NY, 10019 (C,St)
- 11:00PM No More Excuses**, Virtual Meeting, NY, 10029 (O,RF,WEB,VM)
https://zoom.us/j/79533858850
PW 990072
- 11:59PM Freedom From Addiction**, NY, 10035 (O,SD,WC,WEB,TC,VM)
https://zoom.us/j/2695365770
PW 822764

MEETING FORMAT LEGEND

AB	Ask-It-Basket	B	Beginners
BK	Book Study	BT	Basic Text
C	Closed	CH	Closed Holidays
CP	Concepts	D	Discussion
GL	Gay/Lesbian/Transgender	HY	Hybrid Meeting
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
M	Men	NC	No Children
NS	No Smoking	O	Open
Pi	Pitch	RF	Rotating Format
Rr	Round Robin	SD	Speaker/Discussion
SG	Step Working Guide	SPAD	A Spiritual Principle a Day
So	Speaker Only	St	Step
TC	Temporarily Closed Facility	To	Topic
Tr	Tradition	VM	Virtual Meeting
W	Women	WC	Wheelchair
WEB	Online Meeting	YP	Young People

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, page 65



MANHATTAN AREA SERVICE

MEETING LIST

SEPTEMBER 2024

24 HOUR HELPLINE

212-929-NANA (6262)

Manhattan Area
manhattan-na.org



SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS